

PE is a vital part of school life at Lammas and as a department, our intent is to provide an, inclusive, broad and balanced PE curriculum that allows for students to develop their confidence and ability whether it be through enhancing existing skills, learning new skills or building character to perform in competitive sport adhering to the Lammas values.

Through our lessons our students will understand the importance of leading a healthy active lifestyle educating them so they reap the benefits of physical, mental and social well-being as they develop into successful young adults.

In addition we believe participating in sporting activity is a key element and proud tradition of our school and therefore provide a great emphasis on providing opportunities to play and compete in sport through morning, lunchtime and after school clubs which involve inter-house and inter-school competitions locally and further afield. We actively engage and encourage in providing students with club links in the local community to develop their chosen sport further.

TLS Physical Education Curriculum



THE LAMMAS SCHOOL

