

The food department aim to promote a positive and sustainable experience of nutrition and health through the development of knowledge, skills and creativity for not just students but staff and the wider community.

The food department offer students the opportunity to develop their curiosity, knowledge and understanding of food preparation and nutrition. Students will become confident adults with a sound understanding of ways to lead a healthy lifestyle as well as aware of current diet related health issues within society. Food also provides students with a sense of achievement as they are able to experiment with food by designing and creating their own meals; they are also able to modify dishes to meet the needs of people with special dietary needs.. The practical and theoretical skills learners will acquire throughout the curriculum will empower them to work confidently, independently and develop valuable life skills.

TLS Food & Nutrition Curriculum

